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4 December 2023



# News You Can Use

## ISSUE HIGHLIGHTS

- [Register Now — 13 Dec. Women in GI Webinar](#)
- [Top News — The Y-chromosome and its impact on digestive diseases](#)
- [Events Calendar](#)

## WGO NEWS

**Women in GI Webinar Series**  
13 Dec. | 14:00 UTC  
Join Us & Register Now | Featuring Women in Leadership & Guest Ally

<b>Georgiana Gilcă-Blanariu</b> Moderator Romania	<b>Nazish Butt</b> Pakistan	<b>Mashiko Setshedi</b> South Africa	<b>Reem Sharaiha</b> USA	<b>Leticia Moreira</b> Spain	<b>Geoffrey Metz</b> Guest Ally Australia

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## TOP NEWS

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### The Y-chromosome and its impact on digestive diseases

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Medical Xpress

A major breakthrough in human genetics has been achieved with the complete decoding of the human Y chromosome, opening up new avenues for research into digestive diseases. This milestone, along with advancements in third-generation sequencing technologies, is poised to revolutionize our understanding of the genetic underpinnings of digestive disorders and pave the way for more personalized and effective treatment strategies. [Read More](#)

### The effect of expectancy versus actual gluten intake on gastrointestinal and extra-intestinal symptoms in non-coeliac gluten sensitivity

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The Lancet

Many individuals without coeliac disease or wheat allergy reduce their gluten intake because they believe that gluten causes their gastrointestinal symptoms. Symptoms could be affected by negative expectancy. Therefore, we aimed to investigate the effects of expectancy versus actual gluten intake on symptoms in people with non-coeliac gluten sensitivity (NCGS). [Read More](#)

### When to start enteral nutrition in patients with GI disease

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Gastroenterology & Endoscopy News

Clinicians should consider starting a patient with gastrointestinal diseases on enteral nutrition as soon as there is a risk for malnutrition due to inadequate oral intake, according to gastroenterologist Matthew Bechtold, MD, co-chair of the American Society for Parenteral and Enteral Nutrition's EN committee. [Read More](#)

## Compounds found in seaweed may reduce a serious digestive-tract illness

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Medical Xpress

Roberto Saldana was 16 when he developed severe stomach pain and diarrhea, but two more years would pass before he was diagnosed with inflammatory bowel disease, or IBD. [Read More](#)

## Estimating gastric cancer risk using DNA methylation and lifestyle data

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Chiba University via EurekAlert

Researchers find that information on environment, lifestyle and DNA methylation can improve gastric cancer risk assessment. [Read More](#)

## Food sensitivity may significantly increase risk of cardiovascular disease

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Medical News Today

In a new study, researchers report that people with a food sensitivity to cow's milk (lactose intolerance) and other common food allergens may have a higher risk of cardiovascular disease. [Read More](#)

## US IBD prevalence is one of the highest in the world

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Gastroenterology & Endoscopy News

Nearly one in 100 people in the U.S. have a form of inflammatory bowel disease, according to a new study led by the Crohn's & Colitis Foundation. [Read More](#)

## EVENTS CALENDAR

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### APDW 2023

**When:** December 6-9, 2023

**Location:** Bangkok, Thailand

**Organizer(s):** Asian Pacific Digestive Week

[Learn More](#)

### Annual Scientific Meeting 2023

**When:** December 6-9, 2023

**Location:** Rotorua, New Zealand

**Organizer(s):** New Zealand Society of Gastroenterology

[Learn More](#)

### XI Latvian Gastroenterology Congress with International participation

**When:** December 9, 2023

**Location:** Riga, Latvia

**Organizer(s):** Latvian Association of Gastroenterologists

[Learn More](#)

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World Gastroenterology Organisation  
555 East Wells Street, Ste. 1100 | Milwaukee, WI 53202-3823  
414-918-9798 | [Contact Us](#) | [Privacy Policy](#)  
[www.worldgastroenterology.org](http://www.worldgastroenterology.org)



[Katie Serrano](#)  
Assistant Executive Editor, Multiview  
469-288-7519 | [Contact me](#)

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